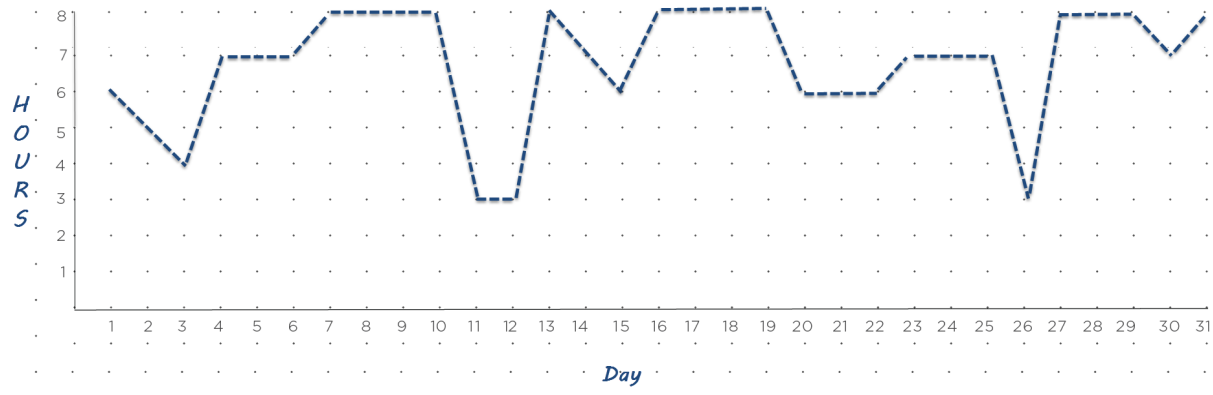
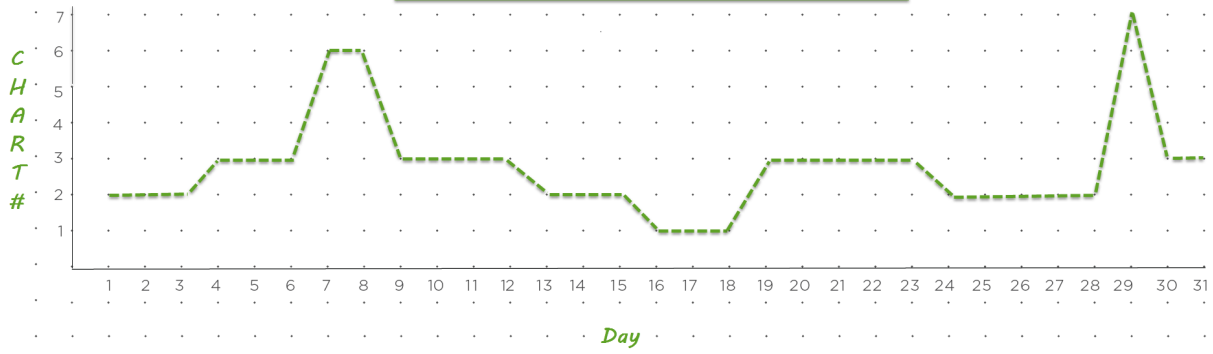


*Bowel movements
[Bristol Stool Chart]*



*Sleep
[Hours]*

Use this space to track anything you want.

